



# i n d i c a

## ***"FINDING VOICE: COACHING WOMEN LEADERS TO ACCESS THEIR POWER"***

A woman's voice comes from her ability to know. A woman who has found her voice is described as speaking and acting for her self, being true to her self, and operating from the strength of her inner knowing. Women leaders, who speak from their voice, are empowered and caring leaders. They have a positive impact on the organization's ability to transform and grow. In this experiential workshop, learn how you can access the strength and confidence that comes from the deep wisdom within. We will explore different stages of identifying our individual knowing and learn how to access and express this knowing through a powerful coaching process.

### ***TESTIMONIALS FROM PARTICIPANTS AT A RECENT OFFERING OF THIS WORKSHOP***

"The time I spent in Deepika's workshop was memorable for so many reasons. The workshop enabled me to take time out of my busy life and focus on "me" for just one day. Deepika asks thoughtful questions that get to the heart of the matter and enable a level of introspection that I could not engage in on my own. She brings a unique style and personal touch to her work, providing a comfortable environment for healthy dialogue and introspection. It was a delightful day, a day of relishing my strengths and exploring ways to overcome my weaknesses. It was a day of sharing and discovery - one I recommend to each and every woman at any stage of her life. We deserve a day to ponder the bigger questions like "where have I been?" or "what do I need?". In our demanding and fast-paced world, those days are few and far in between - Deepika creates the perfect space and time to effectively and efficiently enable women to take that time out, to be still for a moment and to hear their inner voice."

*- Financial Services Executive, Global Investment Management Company*

"I was both moved and delighted to participate in Deepika's "Finding Your Voice" group. It helped me understand the impact my own experiences in life have had on my ability to lead effectively. I recently launched my own business and was thrilled to have the opportunity to learn more about the different leadership styles, all of which live within me. Deepika's openness and supportive approach definitely created a safe, intimate space for our group to share meaningful insights and comments. At the end of the session, I left feeling like my voice and my decisions were aligned, which is a very liberating and empowering state of mind. I highly recommend 'Finding Your Voice: Coaching Women Leaders to Access Their Power'."

*- Former Healthcare Executive, Writer & Editor*

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